



# Daikon taco, yellowfin tuna, puffed wheat berries, yuzu gel

# By Miele

2 hours Preparation time

**50 minutes** Cooking time

12 serves Serves

### INGREDIENTS

#### Yuzu gel

200 g yuzu juice 125 g sugar 125 g water 2 tsp agar agar

# Puffed wheat

50 g wheat 300 ml cooking oil for frying

### To serve

12 slices daikon
180 g yellow fin tuna
36 g puffed wheat
1 green chilli
3 tbsp yuzu olive oil
1 tsp light soy sauce
1 tbsp fresh lime juice
3 tbsp yuzu gel
5 g coriander leaves
5 g flowers (optional)

### METHOD

### Yuzu gel

- 1. Place the sugar, water and yuzu juice in a small saucepan and place on a high heat, Induction setting 8.
- 2. Bring to the boil and add the agar agar. Continue to boil whilst whisking for at least 5 minutes.
- 3. Remove from the heat and pour into a bowl. Cover and place in the refrigerator. Allow to set for 2 hours.
- 4. Once it has set, place into a blender, blend until smooth, and resembles a gel.
- 5. Keep in a squeezy bottle or disposable piping bag.

# **Puffed Wheat**

- 1. Place the wheat into a medium sized saucepan and cover with water. Place on a high heat, Induction setting 8 and boil the wheat for 25-30 minutes, or until the wheat is over cooked.
- 2. Strain and leave to dry in a warm place all day, or overnight.
- 3. Heat the oil in a medium sized saucepan on a medium-high heat,
- 4. Induction setting 7, until 190°C.
- 5. Prepare a sieve and some kitchen towel to drain the puffed wheat. Add the cooked grains and allow to puff.
- 6. Once they are golden, strain and allow to drain on the paper towel. Season with a pinch of salt.

### To serve

- 1. Thinly slice the daikon so that it will fold without breaking.
- 2. Dice the tuna into ½cm dice. Dress the tuna with yuzu olive oil, lime juice, sliced chilli, salt and 1 teaspoon of light soy.
- 3. Place the daikon onto a board and place the tuna in the middle.
- 4. Bring up the sides and serve in between some washed frozen stones to stand up. Pipe in the yuzu gel and garnish with some puffed wheat, coriander cress and flowers.

### Note

• The yuzu gel will keep in the refrigerator for weeks and makes an interesting addition to desserts or other raw fish dishes.