



Chocolate semifreddo with chilli, strawberry, olive oil and rose

By Ashley Alexander

24 hours

Preparation time

15 minutes

Cooking time

8-10 servings

Serves

INGREDIENTS

Roasted strawberry and chilli puree

400 g strawberries, roughly chopped
1 tsp vanilla paste

75 g maple syrup Pinch chilli flakes

Chocolate semifreddo

65 g raw unsalted cashews, soaked overnight in water

160 ml water, extra

600 ml coconut milk

150 g coconut sugar

150 g maple syrup

50 g cacao butter

60 g coconut oil

140 g cacao powder, sifted

1 tsp vanilla extract

Salt flakes

Vanilla strawberries

100 g strawberries, thinly sliced

½ tsp vanilla paste 3 tbs maple syrup

To serve

Strawberries

Chillies

Extra virgin olive oil

Salt flakes

Dark chocolate, shaved

Freeze dried strawberries

Dried rose petals

METHOD

Roasted strawberry and chilli puree

- 1. Preheat oven on Conventional at 180°C.
- 2. Place strawberries onto a paper lined baking tray with vanilla, maple syrup and chilli.
- 3. Place in the oven on shelf position 3 and cook for 30 minutes.
- 4. Remove from the oven and allow to cool for 15 minutes. Once cool, blend in a food processor until smooth.

Chocolate semifreddo

- 1. Line the base and sides of a 20 cm loaf tin with cling wrap.
- 2. In a small saucepan, combine cacao butter and coconut oil. Melt on low heat, induction setting 3. Set aside to cool for 5 minutes.
- 3. Drain soaked cashews, discard water. Transfer to a bowl of a food processor along with 160 ml water. Blend on high speed until smooth and creamy.
- 4. Add coconut sugar, melted butter and oil, cacao powder, vanilla, pinch of salt and blend.
- 5. Add remaining coconut milk and blend until smooth.
- 6. Transfer semifreddo into a bowl of a freestanding mixer with a balloon whisk attachment and whip until light and frothy.
- 7. Pour half the semifreddo into the lined tin. Smooth to ensure there are no gaps.
- 8. Top with ¾ of roasted strawberry puree and smooth to cover semifreddo. Top with remaining chocolate mix and smooth
- 9. Line the top with a piece of baking paper flush against the semifreddo. Place in the freezer for 4-6 hours, or overnight.

Vanilla strawberries

1. Place sliced strawberries, vanilla and maple syrup into a small vacuum seal bag. Vacuum on setting 2 and Seal on setting 3.

To serve

- 1. Remove semifreddo from the freezer and allow to stand for 10 minutes.
- 2. Turn out onto a plate and remove cling wrap. Drizzle top with remaining roast chilli puree.
- 3. Top with vanilla strawberries and chillies. Drizzle with oil then sprinkle over sea salt, grated chocolate, crushed freeze dried strawberries and rose petals.

Hints and tips

- If you don't have time to soak cashews, place in a bowl of boiling water and leave for 1 hour before continuing with step 2.
- Cacao butter can be purchased from wholefood grocers and health food shops.