



Orange flourless cake

By Shannon Bennett

15 minutes

Preparation time

2 hour 20 minutes, plus resting time

Cooking time

8 servings

Serves

INGREDIENTS

Orange flourless cake

2 medium oranges 4 eggs 290 g (1 ? cups) caster sugar 420 g (4 cups) almond meal 1 ¼ tsp baking powder

Candied oranges

220 g (1 cup) caster sugar 80 ml (? cups) water 1 cinnamon quill 2 oranges, thinly sliced

To serve

Greek yoghurt Slivered pistachios

METHOD

Orange flourless cake

- 1. Place the oranges in a perforated steam container and Steam at 100°C for 1 hour.
- 2. Remove the oranges from the steam oven, place into a blender and blend until you have a smooth puree. Reserve 250 g (1 cup) of the puree.
- 3. Preheat the oven on Cakes Plus at 150°C. Alternatively preheat on Fan Plus at 150°C.
- 4. Grease and line a 22 cm round springform cake tin.
- 5. For the cake: whisk the eggs and sugar together until light and fluffy.
- 6. Add the reserved orange puree, followed by the dry ingredients.
- 7. Pour the batter into the prepared cake tin and place into the oven on shelf level 2. Cook for 1 hour, or until a skewer comes out clean.

Candied oranges

- 1. Dissolve the sugar and water in a large frying pan on medium heat, Induction setting 7.
- 2. Add the cinnamon and orange slices and cook for 20 minutes, turning occasionally or until starts to thicken.
- 3. Remove oranges and cool on a lined baking tray, reserve the syrup.

To serve

1. Serve the cake topped with orange slices, reserved syrup, yoghurt and slivered pistachios.

Hints and tips

• Any leftover orange puree can be frozen.