

Gnocchi with green olive sauce

By Maggie Beer

1 hour

Preparation time

1 hour and 30 minutes

Cooking time

4-6 servings

Serves



INGREDIENTS

Gnocchi

750 g Jersey gold potatoes, skin on,
washed

2 free range eggs, lightly beaten

2 ½ tsp salt

125 g plain flour, plus extra for rolling

Salt, extra

Green olive sauce

Extra virgin olive, for frying

1 brown onion, large, finely diced

3 cloves garlic, finely chopped

60 ml verjuice

150 g green olives, pitted and chopped

100 ml cream

200 ml vegetable stock

To serve

90 g unsalted butter

Olive oil, extra

Parmesan cheese, finely grated

Herb flowers, washed and picked

Green olives, additional, chopped

METHOD

Gnocchi

1. Place potatoes in a perforated steam container and Steam at 100°C for 45 minutes or until tender but not falling apart.
2. Remove from the oven and set aside at room temperature until cool enough to handle.
3. Once cool, press potatoes, skin intact through a ricer or mouli over a large clean bowl.
4. Add the eggs and salt to the potatoes and gently mix to combine.
5. Place flour onto the bench in a rectangular shape. Spread the potato mixture over the flour.
6. Using a pastry scraper work the potato mix into the flour until it comes together to form a dough.
7. Divide dough into quarters and roll each quarter into a long 2.5 cm sausage.
8. Using the pastry scraper or a small knife, cut the sausage into 1.5 cm pieces and set aside onto a paper lined baking tray.
9. Boil a large pot of salted water on Boost. Add gnocchi in batches and cook until they float to the surface, approximately 30 seconds. Remove with a perforated spoon and drain well. Set aside in a bowl.

Green olive sauce

1. Heat oil in a frying pan on medium heat Induction setting 6. Add in onion and garlic and cook until translucent with no colour.
2. Deglaze frying pan with verjuice. Add in green olives, cream, vegetable stock and gently heat through on Induction setting 5.
3. Remove from the heat and set aside to cool completely before processing in a blender to a smooth consistency.

To serve

1. In a large frying pan on medium heat Induction setting 6, heat butter with olive oil and cook until 'nut brown in colour.'
2. Add the gnocchi a few at a time and gently fry until all sides are golden brown. Once cooked, set aside on a plate and continue with remaining gnocchi.
3. Place a pool of green sauce onto a plate and top with a portion of the gnocchi.
4. Top with parmesan, herb flowers and additional green olives.

Notes

- The green olive sauce must be completely cold if pureeing in a food processor