



Steamed prawn and salmon rice noodle rolls

By Miele

30 minutes

Preparation Time

13 minutes

Cooking time

6 servings

Serves

INGREDIENTS

Prawn and salmon stuffing

- 1 tbsp sunflower (or grapeseed) oil
- 1 tbsp minced garlic
- 6 coriander roots, minced
- 2 small green chillies, minced
- 4 shallots, finely sliced
- ½ tsp freshly ground white pepper
- 1 tbsp fish sauce
- 2 tbsp chopped coriander leaves
- 300 g green prawn meat
- 200 g fresh Tasmanian salmon
- 1 tsp sesame oil
- 500 g fresh rice noodle sheets (banh pho)

To serve

- 1 small carrot, peeled, cut into fine julienne strips
- 1 small cucumber, cut into fine julienne strips
- 1 tbsp coriander leaves
- 2 tbsp fried shallot slices
- 3 tbsp sweet chilli sauce

Miele accessories

Frying pan or Wok

METHOD

Prawn and salmon stuffing

- 1. Heat oil in a frying pan or wok; gently fry garlic, coriander roots and chilli until fragrant.
- 2. Add shallots, pepper, fish sauce and coriander leaves, mix to combine. Remove from heat and set aside to cool.
- 3. Mince the prawn meat and salmon with a knife or cleaver and mix in the sesame oil.
- 4. Combine the prawn mix, with the cooled garlic and onion and stir to combine.
- 5. Cut the soft fresh noodle sheets into 12 rectangular lengths, 10 cm x 14 cm.
- 6. Spoon the prawn mixture onto the short end of the noodle sheets, folding over lengthwise to seal. Ensure the stuffing is an even thickness along the roll.
- 7. Place rolls in a single layer into lightly oiled perforated steam containers.
- 8. Steam at 90°C for 8 minutes, or until rolls are firm to touch and filling is cooked.
- 9. Remove rolls from containers with a flat spatula.

To serve

- 1. Place two rolls next to each other in the centre of plate, lay a third roll on top.
- 2. Arrange carrot and cucumber on the centre of the rolls and sprinkle with coriander leaves and fried shallots. Serve sweet chilli sauce on the side.

Hints and tips

- The rice noodles are best if very fresh and not stored in the fridge.
- They will keep unrefrigerated for 2 days.
- If fresh noodles are unavailable, 22 cm dried Vietnamese rice paper wrappers can be used.
- Dip a wrapper into a bowl of water, remove and place on a clean flat surface. Repeat with a second wrapper, place on top of the first. Continue as per recipe above from step 6, except roll them into a parcel as you would for a spring roll.