

**Miele**

# Carrot halva

By Miele

**10 minutes**

Preparation time

**40 minutes**

Cooking time

**4**

Serves



## INGREDIENTS

Pinch saffron threads  
250 ml (1 cup) evaporated milk  
25 g ghee  
6 green cardamon pods, bruised  
500 g carrots, coarsely grated  
Pinch salt flakes  
55 g (¼ cup firmly packed) brown sugar  
2 tbsp white sugar  
40 g (¼ cup) sultanas  
35 g (¼ cup) slivered pistachios

## METHOD

1. Combine the saffron and evaporated milk into a bowl, stand for 10 minutes.
2. Meanwhile, melt the ghee in a frying pan on medium-high heat, induction setting 7, add the cardamon and fry for 10 seconds or until aromatic. Add the carrot and salt, cook, stirring, for 10 minutes or until the carrots are soft and the liquid has evaporated.
3. Pour in the saffron mixture. Bring to the boil and reduce heat to medium low, induction setting 4, and cook for 20 minutes, or until the liquid has evaporated.
4. Add the sugar and sultanas and cook, stirring constantly, for 10 minutes or until thickened.
5. Cool slightly and scatter the nuts over the top.