

Miele

Ostereier (German Easter eggs)

By Miele

5 minutes, plus soaking time

Preparation time

30 minutes

Cooking time

Makes 12

Serves



INGREDIENTS

Eggs

12 eggs

Red or pink dye

250 ml (1 cup) water

2 tsp white vinegar

½ -1 cup grated beetroot

Yellow dye

250 ml (1 cup) water

2 tsp white vinegar

1 tbsp ground turmeric

Orange dye

250 ml (1 cup) water

2 tsp white vinegar

Peels from 6 brown onions

Blue dye

250 ml (1 cup) water

2 tsp white vinegar

1 cup shredded red cabbage

Brown dye

250 ml (1 cup) water

2 tsp white vinegar

2 tbsp instant coffee granules

METHOD

Eggs

1. Place the eggs in a perforated steam container in the steam oven. Steam at 100°C for 12 minutes. Place in cold water to cool.
2. Prepare your preferred natural dye and soak the eggs to 30 minutes to colour.

Red or pink dye

1. Place the water and vinegar in a small saucepan and bring to the boil on high heat, induction setting 8.
2. Reduce to a simmer on medium heat, induction setting 5 and add the beetroot. Add a little for pink and a lot for red. Simmer, covered for 5 minutes to infuse the colour.
3. Strain the mixture and discard the beetroot.

Yellow dye

1. Place the water and vinegar in a small saucepan and bring to the boil on high heat, induction setting 8.
2. Reduce to a simmer on medium heat, induction setting 5 and add the turmeric. Simmer, covered for 5 minutes to infuse the colour
3. Strain the mixture and discard the turmeric.

Orange dye

1. Place the water and vinegar in a small saucepan and bring to the boil on high heat, induction setting 8.
2. Reduce to a simmer on medium heat, induction setting 5 and add the onion skins. Simmer, covered for 15 minutes to infuse the colour
3. Strain the mixture and discard the onion skins.

Blue dye

1. Place the water and vinegar in a small saucepan and bring to the boil on high heat, induction setting 8.
2. Reduce to a simmer on medium heat, induction setting 5 and add the cabbage. Simmer, covered for 10 minutes to infuse the colour
3. Strain the mixture and discard the cabbage.

Brown dye

1. Place the water and vinegar in a small saucepan and bring to the boil on high heat, induction setting 8. Add the coffee, stir to combine.

Hints and tips

- Many German families will cook, colour and decorate boiled eggs in the lead up to Easter, before hanging them from branches around the home and garden.