

## Miele

# Mozzarella arancini

By Miele

1 hour, plus cooling time

**Preparation Time** 

1 hour

Cooking Time

Approximately 30 arancini

Serves

## **INGREDIENTS**

## **Risotto**

1 tbsp olive oil
3 shallots, finely chopped
2 garlic cloves, finely chopped
200 g (1 cup) Arborio rice
2 tbsp verjuice or white wine
1 tbsp porcini powder
500 ml (2 cups) vegetable stock
60 g butter
60 g (1 cup) grated parmesan
Salt flakes and pepper, to taste

## Mozzarella arancini

100 g firm mozzarella cheese, cut into 24 small cubes
200 g (3 cups) panko breadcrumbs
1 cup basil leaves
1 tsp salt flakes
½ tsp pepper
2 eggs
2 tbsp milk
100 g (? cup) flour
Vegetable oil, for shallow frying

## To serve

Sundried tomato pesto 30 g (½ cup) parmesan, finely grated

#### **METHOD**

#### **Risotto**

- 1. Place olive oil in a frying pan on medium heat, induction setting 6. Cook the shallots and garlic for 5 minutes, or until translucent.
- 2. Add the rice and toast for 3 minutes. Then add the verjuice and porcini powder and reduce for 1 minute.
- 3. Combine the stock and rice mixture in an unperforated steam container. Place into the steam oven and Steam at 100°C for 20 minutes.
- 4. Remove the risotto from the steam oven and stir through the butter and parmesan. Season to taste.
- 5. Cover and transfer to the fridge for at least 3 hours to cool.

#### Mozzarella arancini

- 1. Scoop rounded tablespoons of the cooled risotto (approximately 30 g) into your hands and roll into balls, press a cube of mozzarella into the centre of each ball and place on a baking tray. Refrigerate for 10 minutes.
- 2. Meanwhile, in a food processor, place half of the breadcrumbs, basil, salt and pepper, and blend for 30 seconds until the basil has been incorporated. Place the mixture into a bowl and mix with the remaining breadcrumbs.
- 3. In another bowl, mix the eggs and milk to combine. Place the flour into another bowl.
- 4. Working with one arancini at a time, dip the ball in flour, shaking off excess. Transfer to the bowl with egg and turn to coat, then coat with the breadcrumb mixture.
- 5. Heat a high sided medium saucepan, with 5 cm of the oil on medium heat, induction setting 6, until 160°C on a food thermometer. If using TempControl heat oil on setting 2.
- 6. Cook for 5 minutes, turning during cooking to enable even colour. Control the oil temperature by fluctuating between induction setting 5-7, as needed. TempControl can remain on setting 2 for the duration. Arancini should be a light golden colour.
- 7. Once cooked, remove with a slotted spoon and place on paper towel to remove excess oil.
- 8. Serve on top of sundried tomato pesto and sprinkle with parmesan cheese.

## Additional appliance method

Steam oven with Microwave

Using the Rapid Steam function on the steam oven with microwave will reduce the cooking time for the rice.
 Steam at 300W + 100°C for 11 minutes.

## Hints and tips

- Risotto made in the steam oven is a revelation; no stirring, no overcooking, no chance it will burn! You can add mushrooms in step 1 to make a mushroom risotto.
- Reheat cooked arancini in the combi steam Pro oven on Mix & Match using the Crispy reheating setting, browning level 2.